

# GROUP LESSON TIME TABLE

## STUDIO: WEST RYDE [OCTOBER]

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00						<b>4:1 GROUP [ENG]</b>	
9:00	<b>4:1 GROUP [ENG]</b>					<b>4:1 GROUP [KOREAN]</b>	<b>4:1 GROUP [ENG]</b>
10:00	<b>4:1 GROUP [KOREAN]</b>	<b>4:1 GROUP [KOREAN]</b>	<b>4:1 GROUP [ENG]</b>	<b>4:1 GROUP [ENG]</b>	<b>4:1 GROUP [KOREAN]</b>	<b>4:1 GROUP [ENG]</b>	<b>4:1 GROUP [KOREAN]</b>
11:00	<b>4:1 GROUP [ENG]</b>	<b>4:1 GROUP [ENG]</b>	<b>4:1 GROUP [ENG]</b>	<b>4:1 GROUP [KOREAN]</b>	<b>4:1 GROUP [ENG]</b>	<b>4:1 GROUP [KOREAN]</b>	
12:00							
1:50				<b>4:1 GROUP [KOREAN]</b>			
4:30						<b>4:1 GROUP [ENG]</b>	
5:30				<b>5PM ) 4:1 GROUP [KOREAN]</b>		<b>4:1 GROUP [KOREAN]</b>	
6:00	<b>4:1 GROUP [ENG]</b>	<b>4:1 GROUP [KOREAN]</b>	<b>4:1 GROUP [KOREAN]</b>	<b>4:1 GROUP [ENG]</b>			
7:00	<b>4:1 GROUP [ENG]</b>	<b>4:1 GROUP [ENG]</b>	<b>4:1 GROUP [ENG]</b>	<b>4:1 GROUP [KOREAN]</b>	<b>4:1 GROUP [KOREAN]</b>		
8:00	<b>4:1 GROUP [KOREAN]</b>				<b>4:1 GROUP [KOREAN]</b>		

Lesson Type	REFORMER GROUP : REFER TO THE TIMETABLE 1:1 PRIVATE / 2:1 DUET / 3:1 SEMI PRIVATE : CONTACT OUR STUDIO
	SERVICE TYPE: ENG / MANDARIN / CANTONESE / KOREAN DURATION OF LESSON : 50 MINS LEVE: BASIC [BEGINNER], PROGRESSIVE, INTERMEDIATE

Online Bookings	<b>Visit: <a href="https://www.wellnesspilatesydney.com">WELLNESSPILATESYDNEY.COM</a> &gt; Booking &gt; Click “Westryde”</b> <b>Need assistance for booking? 0449 888 313</b>
-----------------	--

Opening Hours	Mon to Fri 9am to 9pm Sat 8am to 7:30 pm Sun 9am to 1pm Public Holidays : Closed
---------------	---