

GROUP LESSON TIME TABLE

STUDIO: EASTWOOD

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00		GROUP [ENG]			GROUP [ENG]	GROUP [KOR]	GROUP [ENG]
10:00	GROUP [KOR]	GROUP [KOR]	GROUP [ENG/KOR]	GROUP [KOR]	GROUP [KOR]	GROUP [ENG]	GROUP [MAN]
11:00	GROUP [KOR]	GROUP [KOR]	GROUP [KOR]	GROUP [KOR]	GROUP [KOR]	GROUP [ENG]	GROUP [ENG]
12:00	GROUP [ENG]	GROUP [MAN]	GROUP [ENG]	GROUP [ENG]	GROUP [MAN]	GROUP [KOR]	3:1 TEENS
1:00				GROUP [MAN]			
2:00							
3:00							
4:00							
5:00	GROUP [ENG/KOR]	GROUP [KOR]	GROUP [KOR]	GROUP [KOR]	GROUP [ENG]		
6:00	GROUP [ENG]	GROUP [KOR/MAN)	GROUP [KOR]	GROUP [ENG]	GROUP [KOR]		
7:00	GROUP [ENG]	GROUP [ENG/KOR]	GROUP [ENG/KOR]	GROUP [ENG/KOR]	GROUP [ENG]		
8:00	GROUP [ENG]	GROUP [ENG]	GROUP [KOR/MAN)	GROUP [KOR/MAN)	GROUP [MAN]		

Lesson Type	6:1 REFORMER GROUP REFER TO THE TIMETABLE 1:1 PRIVATE / 2:1 DUET / 3:1 SEMI PRIVATE 9AM-9PM MON TO FRI & 9AM -2PM ON WEEKEND
	SERVICE TYPE: ENG / MANDARIN / CANTONESE / KOREAN DURATION OF LESSON : 50 MINS LEVE: BASIC [BEGINNER], PROGRESSIVE, INTERMEDIATE
Online Bookings	Visit: WELLNESSPILATESSYDNEY.COM > Home > Click "Eastwood" Need assistance for booking? 0415 878 773
Opening Hours	Mon to Fri 9am to 9pm Sat & Sun 9am to 2pm Public Holidays : Closed